Sunday

9:00AM **Light in the Dark JFT Meditation Meeting - Virtual** - 1 hr - JT,VM -, Denver,

9:00AM **Living Proof Online** - 1.5 hr - O,SD,VM -, Discussion at 9:00, Speaker at 10:00

9:30AM **A Wake Up Call** - 1.25 hr - O,CL,D,SD,WC - 809 S Washington St, Denver 80209,

10:00AM **NA One's Welcome** - 1 hr - O,SD,WC - 1130 Park Ave W, Denver 80205, Entrance at northeast door on Park Ave. Parking at gate on Lawrence St.

10:00AM **The Breakfast Club** - 1 hr - O,D,WC - 1510 Glen Ayr Dr. #12, Lakewood 80215, Dog Friendly

2:00PM **This Ain't Area** - 1 hr - O,D,WC - 2122 S Lafayette St, Denver 80210, No dogs allowed in the facility

5:30PM **Dopeless Hope Queens (Womens Meeting)** - 1.25 hr - RF,W,WC - 8805 W 14th Avenue, Lakewood 80215, 2nd Floor. Free parking in the back.

6:30PM **Here & Now** - 1 hr - O,D - 15404 CO-9, Breckenridge 80424,

6:30PM **Principles to Freedom** - 1 hr - O,D,LGBTQ+,VM -,

6:30PM **Rocky Mountain Clean** - 1 hr - O,BK - 1693 N. Quentin St, Aurora 80045, Enter through east side of the building.

6:30PM **Spiritual Principles** - 1 hr - D,WC,BK - 1178 Mariposa St, Denver 80204-3507, Enter back of building (east side alley by 12th Ave)

7:00PM **Clean & Serene** - 1 hr - O,D,WC - 2100 N Wadsworth Blvd, Lakewood 80214,

7:00PM **Clean and Crazy in Castle Rock** - 1 hr - O,D,WC - 404 Jerry Street, Castle Rock 80104, Castle Rock Clubhouse Room A

7:30PM **Smells Like Clean Spirit** - 1 hr - O,D,BK - 191 E Orchard Rd, Littleton 80121, enter South/East corner

8:00PM **Ain't Dead Yet! - In person** - 1 hr - O,D,WC - 8085 E Hampden Ave, Denver 80231,

8:30PM **Light in the Dark - Virtual Meeting** - 1 hr - VM -, Denver,

9:30PM **Blues Breakers** - 1.5 hr - O,CL,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215, Campfire Meeting, Dog Friendly, weather permitting above 49°

Monday

9:00AM **Light in the Dark JFT Meditation Meeting - Virtual** - 1 hr - JT,VM -, Denver,

NOON **A New Way to Live** - 1 hr - O,CH,D - 1820 Broadway, Denver 80202, Downstairs, Room 112. Doors open @ 11:50am

NOON **Bring Your Own Lunch** - 1 hr - O,D,WC - 5400 S Yosemite St, Englewood 80111, Speaker meeting every 4th Thursday of the month.

NOON **Never Alone at Noon** - 1 hr - O,D,WC,CW - 10451 Huron St, Northglenn 80234, Inside the church, children welcome

NOON **No Matter What** - 1 hr - O,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215, Dog Friendly

NOON **This Ain't Therapy** - 1 hr - O,D,VM -, Denver 80203,

5:30PM **No Matter What** - 1 hr - O,D,WC - 1510 Glenn Ayr Dr #12, Lakewood 80215, Dog Friendly

6:00PM **Seeds of Hope** - 1 hr - O,D,WC - 401 S 27th Ave, Brighton 80601, No smoking allowed on property. Coffee and snacks provided

6:30PM **Any Lengths** - 1 hr - WC - 3460 Humboldt St, Denver 80205,

6:30PM **Aurora Southside Survivors** - 1 hr - O,WC,BK - 4210 S Chambers Rd, Aurora 80014,

6:30PM **Continued Deflation - Indoors** - 1 hr - O,D,WC,BK - 809 S Washington St, Denver, CO 80209,

6:30PM **DTC Down to Change** - 1 hr - O,D,WC - 5400 S Yosemite, Green Wood Village 80111, enter south entrance, Dog Friendly

6:30PM **Principles to Freedom** - 1 hr - O,D,LGBTQ+,VM -,

7:00PM **Beyond the Stigma** - 1 hr - O,CL,D,WC - 3440 W 71st Place, Westminster 80221, Entry around the back

7:00PM **Golden Group** - 1.25 hr - C,D,WC - 1320 Arapahoe St, Golden 80401, NE corner (entrance on side of building along 13th St.)

7:00PM **Southern Serenity** - 1 hr - O,D,WC,BK - 11805 S Pine Dr, Parker 80134,

8:00PM **Ain't Dead Yet! - In person** - 1 hr - O,D,WC - 8085 E Hampden Ave, Denver 80231,

8:00PM **Surrender To Win** - 1 hr - O,D,WC - 3315 Gilpin St, Denver 80205, Side door entrance

8:30PM **Light in the Dark - Virtual Meeting** - 1 hr - VM -, Denver,

9:30PM **Blues Breakers** - 1 hr - O,CL,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215, Dog Friendly

Tuesday

9:00AM **Light in the Dark JFT Meditation Meeting - Virtual** - 1 hr - JT,VM -, Denver,

NOON **A New Way to Live** - 1 hr - O,CH,D - 1820 Broadway, Denver 80202, Downstairs, Room 112. Doors open @ 11:50am

NOON **Bring Your Own Lunch** - 1 hr - O,D,WC - 5400 S Yosemite St, Englewood 80111, Speaker meeting every 4th Thursday of the month.

NOON **Never Alone at Noon** - 1 hr - O,D,WC,CW - 10451 Huron St, Northglenn 80234, Inside the church, children welcome

NOON **No Matter What** - 1 hr - O,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215, Dog Friendly

NOON **This Ain't Therapy** - 1 hr - O,D,VM -, Denver 80203,

5:30PM **No Matter What** - 1 hr - O,D,WC - 1510 Glen Ayr Dr. #12, Lakewood 80215, Dog Friendly

5:45PM **Don't Know Diddley** - 1 hr - O - 1100 Fillmore St, Denver 80206,

6:00PM **Proven Plan** - 1 hr - O,WC,BK - 9203 S University Blvd, Highlands Ranch 80126, Room B249

6:30PM **DTC Down to Change** - 1 hr - O,D,WC - 5400 South Yosemite, Greenwood Village 80111, Enter south church entrance. Dog Friendly.

6:30PM **Humble Lights** - 1.25 hr - O,CL,D,WC,CW - 2606 S Sheridan Blvd, Denver 80227, Childcare Provided

6:30PM **Principles to Freedom** - 1 hr - O,D,LGBTQ+,VM -,

7:00PM **By NA means necessary** - 1 hr - O,RF,St,Tr,WC,ME - 1510 Glen Ayr Dr #12, Lakewood 80215,

7:00PM **Free At Last** - 1 hr - O,D,WC - 9200 West 10th Ave, Lakewood 80215,

7:00PM **Northern Lights** - 1 hr - O,D - 7990 Lowell Blvd., Westminster 80030,

7:00PM **Q-NA** - 1 hr - O,D,LGBTQ+ - 1633 Fillmore St, Denver 80206,

7:30PM **Young At Heart** - 1 hr - O,D,YP - 915 E 9th Ave, Denver 80218, Courtyard basement entrance. Parking available

8:00PM **Ain't Dead Yet! - In person** - 1 hr - O,D,WC - 8085 E Hampden Ave, Denver 80231,

8:30PM **Light in the Dark - Virtual Meeting** - 1 hr - VM -, Denver,

9:30PM **Blues Breakers** - 1 hr - O,CL,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215, Dog Friendly

Wednesday

9:00AM **Light in the Dark JFT Meditation Meeting - Virtual** - 1 hr - JT,VM -, Denver,

NOON **A New Way to Live** - 1 hr - O,CH,D - 1820 Broadway, Denver 80202, Downstairs, Room 112. Doors open @ 11:50am

NOON **Bring Your Own Lunch** - 1 hr - O,D,WC - 5400 S Yosemite St, Englewood 80111, Speaker meeting every 4th Thursday of the month.

NOON **Never Alone at Noon** - 1 hr - O,D,WC,CW - 10451 Huron St, Northglenn 80234, Inside the church, children welcome

NOON **No Matter What** - 1 hr - O,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215, Dog Friendly

NOON **This Ain't Therapy** - 1 hr - O,D,VM -, Denver 80203,

6:00PM **Out Of Isolation** - 1 hr - O,D - 1609 W Littleton Blvd, Littleton 80120,

6:15PM **Keeping It Clean** - 1 hr - O,D,WC - 1939 S Monroe St, Denver 80210,

6:30PM **Any Lengths** - 1 hr - WC - 3460 Humboldt St, Denver 80205,

6:30PM **Aurora Southside Survivors** - 1 hr - O,D - 4210 S Chambers Rd, Aurora 80014,

6:30PM **Principles to Freedom** - 1 hr - O,D,LGBTQ+,VM -,

6:30PM **Serenity Sisters** - 1.25 hr - W,LC - 5400 S. Yosemite St., Englewood 80111, Women's meeting

6:45PM **Writing To Freedom** - 1.5 hr - O,D,HY,SW - 3500 S. Logan St, Englewood,

7:00PM **Just Can't Miss It** - 1 hr - O,D,WC - 6750 Carr St, Arvada 80004,

7:00PM **No Matter What** - 1 hr - O,St,Tr,WC,BK - 1510 Glen Ayr Dr #12, Lakewood 80215, Dog Friendly

7:30PM **One Promise** - 1 hr - O,BK - 430 West Ninth Avenue, Denver 80204,

8:00PM **Ain't Dead Yet! - In person** - 1 hr - O,D,WC - 8085 E Hampden Ave, Denver 80231,

8:00PM **Surrender To Win** - 1 hr - O,D,WC - 3315 Gilpin St, Denver 80205, Side door entrance

8:30PM **Light in the Dark - Virtual Meeting** - 1 hr - VM -, Denver,

9:30PM **Blues Breakers** - 1 hr - O,CL,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215,

Thursday

9:00AM **Light in the Dark JFT Meditation Meeting - Virtual** - 1 hr - JT,VM -, Denver,

NOON **A New Way to Live** - 1 hr - O,CH,D - 1820 Broadway, Denver 80202, Downstairs, Room 112. Doors open @ 11:50am

NOON **Bring Your Own Lunch** - 1 hr - O,D,WC - 5400 S Yosemite St, Englewood 80111, Speaker meeting every 4th Thursday of the month.

NOON **Never Alone at Noon** - 1 hr - O,D,WC,CW - 10451 Huron St, Northglenn 80234, Inside the church, children welcome

NOON **No Matter What** - 1 hr - O,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215, Dog Friendly

NOON **This Ain't Therapy** - 1 hr - O,D,VM -, Denver 80203,

3:00PM **Every Day Matters (EDM)** - 1 hr - O,D,WC - 14825 W Colfax Ave, Lakewood 80401, Pet Friendly

5:30PM **No Matter What** - 1 hr - O,D,WC - 1510 Glen Ayr Dr. #12, Lakewood 80215, Dog Friendly

6:00PM **Here & Now** - 1 hr - O,D - 15404 CO-9, Breckenridge 80424,

6:00PM **Peace Out West (Women's Meeting) NEEDS SUPPORT!** - 1 hr - O,D,W,WEB,VM -, 80214,

6:00PM **Queer Recovery Now** - 1 hr - O,D,LGBTQ+ - 1633 Fillmore St, Denver 80206, 3rd floor, Parking available in the lot

6:00PM **The Last Mile** - 1.25 hr - O - 470 Briggs St, Erie 80516,

6:30PM **DTC Down to Change** - 1 hr - O,D,WC - 5400 South Yosemite, Greenwood Village 80111, Enter south church entrance. Dog Friendly.

6:30PM **Less Talk, More Action** - 1.5 hr - O,D,WC,SW - 809 S Washington St, Denver 80209,

6:30PM **Primary Purpose (Westminster)** - 1 hr - O,D - 4097 Main St., Westminster 80031,

6:30PM **Principles to Freedom** - 1 hr - O,D,LGBTQ+,VM -,

6:30PM **Write Here, Right Now** - 1.5 hr - O,St,SW - 4210 S Chambers Rd, Aurora 80014,

7:00PM **By NA Means Necessary - Step Writing** - 1.5 hr - O,WC,SW - 1510 Glen Ayr Dr. # 12, Lakewood 80215, Dog Friendly

7:00PM **Keep It Simple** - 1 hr - O,D,WC - 404 Jerry St., Castle Rock 80104,

7:00PM **Southern Serenity** - 1 hr - O,D,WC,BK - 11805 S Pine Dr, Parker 80134,

7:00PM **The Mens Meeting** - 1.5 hr - C,D,M - 126 W 2nd Ave, Denver 80223, Men's Meeting

7:00PM **Truth Be Told** - 1 hr - O,D,SG - 325 S. Banner St., Elizabeth 80107, Use side door on Banner St; meeting in basement

7:00PM **Welcome Home** - 1 hr - O,CL,D - 11500 W. 20th Ave., Lakewood, No pets allowed; vested Service Animals welcome. www.welcomehomena.org

7:30PM **Meet'n Up North** - 1 hr - O,D,WC - 1800 E 105th Pl, Northglenn 80233, Church - enter north side (office)

7:30PM **Young At Heart** - 1 hr - O,D,YP - 915 E 9th Ave, Denver 80218, Courtyard basement entrance. Parking available

8:00PM **Ain't Dead Yet! - In person** - 1 hr - O,D,WC - 8085 E Hampden Ave, Denver 80231,

8:30PM **Light in the Dark - Virtual Meeting** - 1 hr - VM -, Denver,

9:30PM **Blues Breakers** - 1 hr - O,CL,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215, Dog Friendly

Friday

9:00AM **Light in the Dark JFT Meditation Meeting - Virtual** - 1 hr - JT,VM -, Denver,

NOON **A New Way to Live** - 1 hr - O,CH,D - 1820 Broadway, Denver 80202, Downstairs, Room 112. Doors open @ 11:50am

NOON **Bring Your Own Lunch** - 1 hr - O,D,WC - 5400 S Yosemite St, Englewood 80111, Speaker meeting every 4th Thursday of the month.

NOON **Never Alone at Noon** - 1 hr - O,D,WC,CW - 10451 Huron St, Northglenn 80234, Inside the church, children welcome

NOON **No Matter What** - 1 hr - O,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215, Dog Friendly

NOON **This Ain't Therapy** - 1 hr - O,D,BK,VM -, Denver 80203,

5:30PM **No Matter What** - 1 hr - O,D,WC - 1510 Glen Ayr Dr. #12, Lakewood 80215, Dog Friendly

6:15PM **T.G.I.F.** - 1 hr - O,D,WC,VM,TC -, Denver 80206, Meeting ID: 332 103 768

6:30PM **Any Lengths** - 1 hr - WC - 3460 Humboldt St, Denver 80205,

6:30PM **Principles to Freedom** - 1 hr - O,D,LGBTQ+,VM -,

6:30PM **You Me and HP** - 1 hr - O,D,BK - 10304 W Belleview Ave, Littleton 80127,

7:00PM **Miracles** - 1.5 hr - O,B,RF,SD,WC - 224 Potomac Street, Aurora 80012,

7:30PM **Healing, Evolving, Recovering (HER)** - 1 hr - W,VM -,

8:00PM **Ain't Dead Yet! - In person** - 1 hr - O,D,WC - 8085 E Hampden Ave, Denver 80231,

8:00PM **NAFL** - 1 hr - O,CL,D,WC - 3500 S Logan St, Englewood 80113,

8:00PM **Surrender To Win** - 1.25 hr - O,D,WC - 3315 Gilpin St, Denver 80205, Side door entrance

Friday (cont)

8:30PM **Light in the Dark - Virtual Meeting** - 1 hr - VM -, Denver,
9:30PM **Blues Breakers** - 1 hr - O,CL,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215, Dog Friendly
11:55PM **Midnight Blues Breakers** - 1 hr - O,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215, Black Light Meeting, Dog Friendly

Saturday

9:00AM **Light in the Dark JFT Meditation Meeting - Virtual** - 1 hr - JT,VM -, Denver,
9:00AM **The Journey Continues** - 1.25 hr - O,BK - 5400 S Yosemite, Greenwood Village 80111,
10:30AM **Primary Purpose** - 1 hr - O,D - 1100 Fillmore St, Denver 80206, Rear of church, door in alley.
NOON **No Matter What** - 1 hr - O,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215, Dog Friendly
3:00PM **ALOHA** - 1 hr - O,D,WC - 2122 S Lafayette St, Denver 80210,
6:30PM **Principles to Freedom** - 1 hr - O,D,LGBTQ+,VM -,
7:00PM **12 Alarm Recovery - 2nd Saturday of the month only** - 1.5 hr - O,D,SD - 1959 N. State Hwy 83, Franktown 80116, Speaker meeting/Pot Luck
7:15PM **Uptown Steppers** - 1 hr - O,D,WC - 3315 Gilpin St, Denver 80205, treatment center, side entrance
7:30PM **Saturday Night Live** - 1 hr - O,CL,D,WC - 3500 S Logan St, Englewood 80113,
8:00PM **Ain't Dead Yet! - In person** - 1 hr - O,D,WC - 8085 E Hampden Ave, Denver 80231,
8:30PM **Light in the Dark - Virtual Speaker Meeting** - 1.25 hr - VM -, Denver,
9:30PM **Blues Breakers** - 1 hr - O,CL,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215, Dog Friendly
10:30PM **Still Awake, Still Dreaming** - 1.5 hr - O,D,SD,WC - 809 S Washington St, Denver 80209, Please use the east entrance.

MEETING TIMES SUBJECT TO CHANGE. PLEASE SEE DENVERNA.COM OR CALL (303) 832-3784 FOR INFO.

B	Beginners	C	Closed
CH	Closed Holidays	CL	Candlelight
JT	Just for Today	M	Men
RF	Rotating Format	SD	Speaker/Discussion
SG	Step Working Guide	St	Step
Tr	Tradition	W	Women
WC	Wheelchair	YP	Young People
BK	Book Study	ME	Meditation
CW	Children Welcome	WEB	Online Meeting
LC	Living Clean	SW	Step Writing
VM	Virtual Meeting	TC	Temporarily Closed Facility
HY	Hybrid	D	Discussion
O	Open	LGBTQ+	Lesbian/Gay/Bisexual/Transgender/Queer

MHA Service & Sub-Committee Meetings

MILE HIGH

NEW LOCATION: 2122 S Lafayette St, Denver, CO 80210

1st Sunday of each month (some exceptions - see denverna.com/trusted-servants)

H&I - Training	11:30 am
Activities // H&I // Phone Line & Phone Line Training	12:00 pm
Public Relations	1:00 pm
Intro to Service // GSR Training	1:00 pm
Website Subcommittee Meeting	1:00 pm
GSF // MHASC (monthly)	2:30 pm

The 9 Suggestions

1. Go to meetings and don't use *(Information Pamphlet #23)*
2. A meeting a day for 90 days *(Basic Text, p. 53)*
3. Avoid people, places, and things you used with or at *(Basic Text, p. 15)*
4. Come early and stay late *(Step Working Guide, p. 7)*
5. Get and use a sponsor *(Basic Text, p. 55)*
6. Get a homegroup *(Basic Text, p. 54)*
7. Use the phone *(Basic Text, p. 56)*
8. Get involved in service *(Basic Text, p. 57)*
9. Keep coming back, It works *(Information Pamphlet #22)*

The Twelve Steps of NA

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God *as we understood Him*.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Mile High Area Meeting List

NOVEMBER 2026

Talk to a recovering addict
(303) 832-DRUG (3784)

Mile High Area of NA
PO Box 140605
Edgewater, CO 80214-0100
www.denverna.com

Other Area Help and Information:

Boulder	(303) 412-2884
Colorado Springs	(719) 637-1580
Ft. Collins, Estes Park, & Loveland	(970) 282-8079
Grand Junction & Western Slope	(970) 201-1133