

**Sunday**

9:00 AM **Light in the Dark JFT Meditation Meeting - Virtual** - 1 hr - JT,VM - Denver Meeting ID 506 504 8770 Password 874858

9:00 AM **Living Proof Online** - 1.5 hr - O,SD,VM - Discussion at 9:00, Speaker at 10:00, Meeting ID: 846 0431 9527, Password: 255080

9:30 AM **A Wake Up Call** - 1.25 hr - O,CL,D,SD,WC - 809 S Washington St, Denver 80209

10:00 AM **NA One's Welcome** - 1 hr - O,SD,WC - 1130 Park Ave W, Denver 80205, Entrance at northeast door on Park Ave. Parking at gate on Lawrence St.

10:00 AM **The Breakfast Club** - 1 hr - O,D,WC - 1510 Glen Ayr Dr. #12, Lakewood 80215

2:00 PM **This Ain't Area** - 1 hr - O,D,WC - 2122 S Lafayette St, Denver 80210, No dogs allowed in the facility

5:30 PM **Dopeless Hope Queens (Womens Meeting)** - 1.25 hr - RF,W,WC - 8805 W 14th Avenue, Lakewood 80215, 2nd Floor. Free parking in the back.

5:30 PM **Together We Can** - 1 hr - O,D,HY,VM - 437 Oak St., Steamboat Springs 80487, upstairs, Meeting ID: 827-146-6871, Password 674115

6:30 PM **Here & Now** - 1 hr - O,D - 15404 CO-9, Breckenridge 80424

6:30 PM **Principles to Freedom** - 1 hr - O,D,GL,VM - Meeting ID: 8706221221, Password: freedom

6:30 PM **Rocky Mountain Clean** - 1 hr - O,BK - 1693 N. Quentin St, Aurora 80045, Enter through east side of the building.

6:30 PM **Spiritual Principles** - 1 hr - D,WC,BK - 1178 Mariposa St, Denver 80204-3507, Enter back of building (east side alley by 12th Ave)

7:00 PM **Clean & Serene** - 1 hr - O,D,WC - 2100 N Wadsworth Blvd, Lakewood 80214

7:00 PM **Clean and Crazy in Castle Rock** - 1 hr - O,D,WC - 404 Jerry Street, Castle Rock 80104, Castle Rock Clubhouse Room A

7:30 PM **Smells Like Clean Spirit** - 1 hr - O,D,BK - 191 E Orchard Rd, Littleton 80121, enter South/East corner

8:00 PM **Ain't Dead Yet! - In person** - 1 hr - O,D,WC - 8085 E Hampden Ave, Denver 80231

8:30 PM **Light in the Dark - Virtual Meeting** - 1 hr - VM - Denver Meeting ID: 506 504 8770, Password 874858

9:30 PM **Blues Breakers** - 1 hr - O,CL,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215, Campfire Meeting

**Monday**

9:00 AM **Light in the Dark JFT Meditation Meeting - Virtual** - 1 hr - JT,VM - Denver Meeting ID 506 504 8770 Password 874858

NOON **A New Way to Live** - 1 hr - O,CH,D - 1820 Broadway, Denver 80202, Downstairs, Room 112. Doors open @ 11:50am

NOON **Bring Your Own Lunch** - 1 hr - O,D,WC - 5400 S Yosemite St, Englewood 80111, Speaker meeting every 4th Thursday of the month.

NOON **Freedom At Noon** - 1 hr - O,D - 480 Rollingstone Dr, Steamboat Springs 80487

NOON **Never Alone at Noon** - 1 hr - O,D,WC,CW - 10451 Huron St, Northglenn 80234, Inside the church, children welcome

NOON **No Matter What** - 1 hr - O,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215, 8800 West

NOON **This Ain't Therapy** - 1 hr - O,D,VM - Denver 80203, Meeting ID: 334263572 Password: 966045

5:30 PM **No Matter What** - 1 hr - O,D,WC - 1510 Glenn Ayr Dr #12, Lakewood 80215

5:30 PM **Together We Can** - 1 hr - O,D,HY,VM - 437 Oak St, Steamboat Springs 80487, upstairs, Meeting ID: 827-146-6871, Password 674115

6:30 PM **Any Lengths** - 1 hr - WC - 3460 Humboldt St, Denver 80205

6:30 PM **Aurora Southside Survivors** - 1 hr - O,WC,BK - 4210 S Chambers Rd, Aurora 80014

6:30 PM **Continued Deflation - Indoors** - 1 hr - O,D,WC,BK - 809 S Washington St, Denver, CO 80209, Please wear a mask.

6:30 PM **DTC - Interactive Literature Study** - 1.5 hr - O,D,Tr,WC - 5400 South Yosemite, Greenwood Village 80111, Enter south church entrance

6:30 PM **Principles to Freedom** - 1 hr - O,D,VM - Meeting ID: 8706221221, Password: freedom

7:00 PM **Beyond the Stigma** - 1 hr - O,CL,D,WC - 3440 W 71st Place, Westminster 80221, Entry around the back

7:00 PM **Southern Serenity** - 1 hr - O,D,WC,BK - 11805 S Pine Dr, Parker 80134

7:30 PM **Golden Group** - 1 hr - C,D,WC - 1320 Arapahoe St, Golden 80401, NE corner (entrance on side of building along 13th St.)

8:00 PM **Ain't Dead Yet! - In person** - 1 hr - O,D,WC - 8085 E Hampden Ave, Denver 80231

8:00 PM **Surrender To Win** - 1.25 hr - O,D,WC - 3315 Gilpin St, Denver 80205, Side door entrance

8:30 PM **Light in the Dark - Virtual Meeting** - 1 hr - VM - Denver Meeting ID: 506 504 8770, Password 874858

9:30 PM **Blues Breakers** - 1 hr - O,CL,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215

**Tuesday**

9:00 AM **Light in the Dark JFT Meditation Meeting - Virtual** - 1 hr - JT,VM - Denver Meeting ID 506 504 8770 Password 874858

NOON **A New Way to Live** - 1 hr - O,CH,D - 1820 Broadway, Denver 80202, Downstairs, Room 112. Doors open @ 11:50am

NOON **Bring Your Own Lunch** - 1 hr - O,D,WC - 5400 S Yosemite St, Englewood 80111, Speaker meeting every 4th Thursday of the month.

NOON **Never Alone at Noon** - 1 hr - O,D,WC,CW - 10451 Huron St, Northglenn 80234, Inside the church, children welcome

NOON **No Matter What** - 1 hr - O,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215

NOON **This Ain't Therapy** - 1 hr - O,D,VM - Denver 80203, Meeting ID: 334 263 572 Password: 966045

5:30 PM **No Matter What** - 1 hr - O,D,WC - 1510 Glen Ayr Dr. #12, Lakewood 80215

5:30 PM **Together We Can (Women's Meeting)** - 1 hr - HY,W - 437 Oak Street, Steamboat Springs 80487, Zoom ID: 827 146 6871 Password: 674115

5:45 PM **Don't Know Diddley** - 1 hr - O - 1100 Fillmore St, Denver 80206

6:30 PM **DTC Down to Change** - 1 hr - O,D,WC - 5400 South Yosemite, Greenwood Village 80111, Enter south church entrance

6:30 PM **Humble Lights** - 1.25 hr - O,CL,D,WC,CW - 2606 S Sheridan Blvd, Denver 80227, Childcare Provided

6:30 PM **Principles to Freedom** - 1 hr - O,D,VM - Meeting ID: 8706221221, Password: freedom

7:00 PM **By NA Means Necessary** - 1 hr - RF,SD,St,Tr,WC,ME,SPAD - 1510 Glen Ayr Dr. # 12, Lakewood 80215

7:00 PM **Free At Last** - 1 hr - O,D,WC - 9200 West 10th Ave, Lakewood 80215

7:00 PM **Northern Lights** - 1 hr - O,D - 7990 Lowell Blvd., Westminster 80030

7:00 PM **Q-NA** - 1 hr - O,GL,WC - 2233 Champa St, Denver 80205

7:00 PM **Recovery at Work Group Denver** - 1.5 hr - O,BK - 1178 Mariposa st, Denver 80204

7:00 PM **Steamboat Gentlemen's Group** - 1 hr - O,M,HY,RF - 736 Oak St., Steamboat Springs 80487, In labyrinth room, look for NA sign., Meeting ID: 580 399 225, Password: 108382

8:00 PM **Ain't Dead Yet! - In person** - 1 hr - O,D,WC - 8085 E Hampden Ave, Denver 80231

8:30 PM **Light in the Dark - Virtual Meeting** - 1 hr - VM - Denver Meeting ID: 506 504 8770, Password 874858

9:30 PM **Blues Breakers** - 1 hr - O,CL,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215

**Wednesday**

9:00 AM **Light in the Dark JFT Meditation Meeting - Virtual** - 1 hr - JT,VM - Denver Meeting ID 506 504 8770 Password 874858

NOON **A New Way to Live** - 1 hr - O,CH,D - 1820 Broadway, Denver 80202, Downstairs, Room 112. Doors open @ 11:50am

NOON **Bring Your Own Lunch** - 1 hr - O,D,WC - 5400 S Yosemite St, Englewood 80111, Speaker meeting every 4th Thursday of the month.

NOON **Never Alone at Noon** - 1 hr - O,D,WC,CW - 10451 Huron St, Northglenn 80234, Inside the church, children welcome

NOON **No Matter What** - 1 hr - O,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215

NOON **This Ain't Therapy** - 1 hr - O,D,VM - Denver 80203, Meeting ID: 334 263 572 Password: 966045

6:00 PM **Out Of Isolation** - 1 hr - O,D - 1609 W Littleton Blvd, Littleton 80120

6:15 PM **Keeping It Clean** - 1 hr - O,D,WC - 1939 S Monroe St, Denver 80210

6:30 PM **Any Lengths** - 1 hr - WC - 3460 Humboldt St, Denver 80205

6:30 PM **Aurora Southside Survivors** - 1 hr - O,D - 4210 S Chambers Rd, Aurora 80014

6:30 PM **Principles to Freedom** - 1 hr - O,D,GL,VM - Meeting ID: 8706221221, Password: freedom

6:45 PM **Writing To Freedom** - 1.5 hr - O,D,HY,SW - 3500 S. Logan St, Englewood Meeting downstairs past the kitchen, Meeting ID: 869 4205 9456 Password: 589734

7:00 PM **Just Can't Miss It** - 1 hr - O,D,WC - 6750 Carr St, Arvada 80004

7:00 PM **No Matter What** - 1 hr - O,St,Tr,WC,BK - 1510 Glen Ayr Dr #12, Lakewood 80215

7:00 PM **Together We Can** - 1 hr - D,VM,SPAD - Steamboat Springs 80487, Meeting ID: 827-146-6871, Password 674115

7:30 PM **One Promise** - 1 hr - O,BK - 430 West Ninth Avenue, Denver 80204

8:00 PM **Ain't Dead Yet! - In person** - 1 hr - O,D,WC - 8085 E Hampden Ave, Denver 80231

8:00 PM **Surrender To Win** - 1.25 hr - O,D,WC - 3315 Gilpin St, Denver 80205, Side door entrance

8:30 PM **Light in the Dark - Virtual Meeting** - 1 hr - VM - Denver Meeting ID: 506 504 8770, Password 874858

9:30 PM **Blues Breakers** - 1 hr - O,CL,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215

**Thursday**

9:00 AM **Light in the Dark JFT Meditation Meeting - Virtual** - 1 hr - JT,VM - Denver Meeting ID 506 504 8770 Password 874858

NOON **A New Way to Live** - 1 hr - O,CH,D - 1820 Broadway, Denver 80202, Downstairs, Room 112. Doors open @ 11:50am

NOON **Bring Your Own Lunch** - 1 hr - O,D,WC - 5400 S Yosemite St, Englewood 80111, Speaker meeting every 4th Thursday of the month.

NOON **Never Alone at Noon** - 1 hr - O,D,WC,CW - 10451 Huron St, Northglenn 80234, Inside the church, children welcome

NOON **No Matter What** - 1 hr - O,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215

NOON **This Ain't Therapy** - 1 hr - O,D,VM - Denver 80203, Meeting ID: 334 263 572 Password: 966045

5:30 PM **No Matter What** - 1 hr - O,D,WC - 1510 Glen Ayr Dr. #12, Lakewood 80215

6:00 PM **Peace Out West (Women's Meeting) NEEDS SUPPORT!** - 1 hr - O,D,W,WEB,VM - 80214, Meeting ID: 873 8829 5420 password 824968

6:30 PM **DTC Down to Change** - 1 hr - O,D,WC - 5400 South Yosemite, Greenwood Village 80111, Enter south church entrance

6:30 PM **Less Talk, More Action** - 1.5 hr - O,D,WC,SW - 809 S Washington St, Denver 80209

6:30 PM **Primary Purpose (Westminster)** - 1 hr - O,D - 4097 Main St., Westminster 80031

6:30 PM **Principles to Freedom** - 1 hr - O,D,GL,VM - Meeting ID: 8706221221, Password: freedom

6:45 PM **Together We Can** - 1 hr - O,HY,BK,VM - 437 Oak St, Steamboat Springs 80487, Meeting ID: 827-146-6871, Password 674115

7:00 PM **Clean in Evergreen** - 1 hr - O,D,VM,TC - Evergreen Meeting Id: 916 4665 8923 Password: 914484

7:00 PM **Keep It Simple** - 1 hr - O,D,WC - 404 Jerry St., Castle Rock 80104

7:00 PM **Southern Serenity** - 1 hr - O,D,WC,BK - 11805 S Pine Dr, Parker 80134

7:00 PM **Truth Be Told** - 1 hr - O,D,SG - 325 S. Banner St., Elizabeth 80107, Use side door on Banner St; meeting in basement

7:00 PM **Welcome Home** - 1 hr - O,CL,D - 2025 Kipling St, Lakewood 80215

7:30 PM **Meet'n Up North** - 1 hr - O,D,WC - 1800 E 105th Pl, Northglenn 80233, Church - enter north side (office)

7:30 PM **Young At Heart** - 1 hr - O,D,YP - 915 E 9th Ave, Denver 80218, Courtyard basement entrance. Parking available

8:00 PM **Ain't Dead Yet! - In person** - 1 hr - O,D,WC - 8085 E Hampden Ave, Denver 80231

8:30 PM **Light in the Dark - Virtual Meeting** - 1 hr - VM - Denver Meeting ID: 506 504 8770, Password 874858

9:30 PM **Blues Breakers** - 1 hr - O,CL,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215

**Friday**

9:00 AM **Light in the Dark JFT Meditation Meeting - Virtual** - 1 hr - JT,VM - Denver Meeting ID 506 504 8770 Password 874858

NOON **A New Way to Live** - 1 hr - O,CH,D - 1820 Broadway, Denver 80202, Downstairs, Room 112. Doors open @ 11:50am

NOON **Bring Your Own Lunch** - 1 hr - O,D,WC - 5400 S Yosemite St, Englewood 80111, Speaker meeting every 4th Thursday of the month.

NOON **Never Alone at Noon** - 1 hr - O,D,WC,CW - 10451 Huron St, Northglenn 80234, Inside the church, children welcome

NOON **No Matter What** - 1 hr - O,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215

NOON **This Ain't Therapy** - 1 hr - O,D,BK,VM - Denver 80203, Meeting ID: 334 263 572 Password: 966045

5:30 PM **No Matter What** - 1 hr - O,D,WC - 1510 Glen Ayr Dr. #12, Lakewood 80215

5:30 PM **Together We Can** - 1 hr - O,D,HY,WEB - 437 Oak St, Steamboat Springs 80487, Hybrid meeting, ID: 827-146-6871, Password 674115

6:15 PM **T.G.I.F.** - 1 hr - O,D,WC,VM,TC - Denver 80206, Meeting ID: 332 103 768, Meeting ID: 332 103 768 Password: 022278

6:30 PM **Any Lengths** - 1 hr - WC - 3460 Humboldt St, Denver 80205

6:30 PM **Here & Now** - 1 hr - O,D - 15404 CO-9, Breckenridge 80424

6:30 PM **Principles to Freedom** - 1 hr - O,D,VM - Meeting ID: 8706221221, Password: freedom

6:30 PM **You Me and HP** - 1 hr - O,D,BK - 10304 W Belleview Ave, Littleton 80127

7:00 PM **GYST** - 1 hr - O,D - 2122 S Lafayette St, Denver 80210, Get Your Sh\*t Together - meeting held in nursery

7:00 PM **Miracles on the Fax** - 1.5 hr - O,B,RF,SD,WC - 224 Potomac St, Aurora 80011

7:00 PM **Southern Serenity** - 1.5 hr - O,D,WC,SW - 11805 S Pine Dr, Parker 80134

8:00 PM **Ain't Dead Yet! - In person** - 1 hr - O,D,WC - 8085 E Hampden Ave, Denver 80231

8:00 PM **NAFL** - 1 hr - O,CL,D,WC - 3500 S Logan St, Englewood 80113

**Friday (cont)**

- 8:00 PM **Surrender To Win** - 1.25 hr - O,D,WC - 3315 Gilpin St, Denver 80205, Side door entrance
  - 8:30 PM **Light in the Dark - Virtual Meeting** - 1 hr - VM - Denver Meeting ID: 506 504 8770, Password 874858
  - 9:30 PM **Blues Breakers** - 1 hr - O,CL,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215
  - 11:55 PM **Midnight Blues Breakers** - 1 hr - O,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215, Black Light Meeting
- Saturday**
- 9:00 AM **Light in the Dark JFT Meditation Meeting - Virtual** - 1 hr - JT,VM - Denver Meeting ID 506 504 8770 Password 874858
  - 9:00 AM **The Journey Continues** - 1.25 hr - O,BK - 5400 S Yosemite, Greenwood Village 80111
  - 10:30 AM **Primary Purpose** - 1 hr - O,D - 1100 Fillmore St, Denver 80206, Rear of church, door in alley.
  - 11:00 AM **Together We Can** - 1 hr - W,VM - Steamboat Springs 80478, ID: 827-146-6871, Password: 674115
  - NOON **No Matter What** - 1 hr - O,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215, clubhouse
  - 3:00 PM **ALOHA** - 1 hr - O,D,WC - 2122 S Lafayette St, Denver 80210
  - 5:30 PM **Together We Can** - 1 hr - O,D,HY,VM - 437 Oak St, Steamboat Springs 80487, upstairs, Zoom Meeting ID: 827-146-6871, Password 674115
  - 6:30 PM **Principles to Freedom** - 1 hr - O,D,GL,VM - Meeting ID: 8706221221, Password: freedom
  - 7:00 PM **12 Alarm Recovery - 2nd Saturday of the month only** - 1.5 hr - O,D,SD - 1959 N. State Hwy 83, Frantown 80116, Speaker meeting/Pot Luck
  - 7:15 PM **Uptown Steppers** - 1 hr - O,D,WC - 3315 Gilpin St, Denver 80205, treatment center, side entrance
  - 7:30 PM **Saturday Night Live** - 1 hr - O,CL,D,WC - 3500 S Logan St, Englewood 80113, use side entrance, meeting is in the basement of the church
  - 8:00 PM **Ain't Dead Yet! - In person** - 1 hr - O,D,WC - 8085 E Hampden Ave, Denver 80231
  - 8:30 PM **Light in the Dark - Virtual Speaker Meeting** - 1.25 hr - VM - Denver Meeting ID: 506 504 8770, Password 874858
  - 9:30 PM **Blues Breakers** - 1 hr - O,CL,D,WC - 1510 Glen Ayr Dr #12, Lakewood 80215
  - 10:30 PM **Still Awake, Still Dreaming** - 1.5 hr - O,D,SD,WC - 809 S Washington St, Denver 80209, Please use the east entrance.

**MEETING TIMES SUBJECT TO CHANGE. PLEASE SEE DENVERNA.COM OR CALL (303) 832-3784 FOR INFO.**

B	Beginners	C	Closed
CH	Closed Holidays	CL	Candlelight
D	Discussion	GL	Gay/Lesbian/Transgender
JT	Just for Today	M	Men
O	Open	RF	Rotating Format
SD	Speaker/Discussion	SG	Step Working Guide
St	Step	Tr	Tradition
W	Women	WC	Wheelchair
YP	Young People	BK	Book Study
ME	Meditation	CW	Children Welcome
WEB	Online Meeting	SW	Step Writing
VM	Virtual Meeting	TC	Temporarily Closed Facility
HY	Hybrid	SPAD	A Spiritual Principle a Day

**MHA Service & Sub-Committee Meetings MILE HIGH  
NEW LOCATION: 2122 S Lafayette St, Denver, CO 80210**

- 1st Sunday of each month (some exceptions - see denverna.com/trusted-servants)
- Intro to Service // GSR Training 10:30 am
- H&I - Training 11:30 am
- Activities // H&I // Phone Line & Phone Line Training // Outreach // Public Relations // Website 12:00 pm
- LSC (No LSC in March, June, Sep., or Dec.) 1:00 pm
- GSF // MHASC (quarterly) 2:30 pm

**The 9 Suggestions**

1. Go to meetings and don't use (*Information Pamphlet #23*)
2. A meeting a day for 90 days (*Basic Text, p. 53*)
3. Avoid people, places, and things you used with or at (*Basic Text, p. 15*)
4. Come early and stay late (*Step Working Guide, p. 7*)
5. Get and use a sponsor (*Basic Text, p. 55*)
6. Get a homegroup (*Basic Text, p. 54*)

7. Use the phone (*Basic Text, p. 56*)
8. Get involved in service (*Basic Text, p. 57*)
9. Keep coming back, It works (*Information Pamphlet #22*)

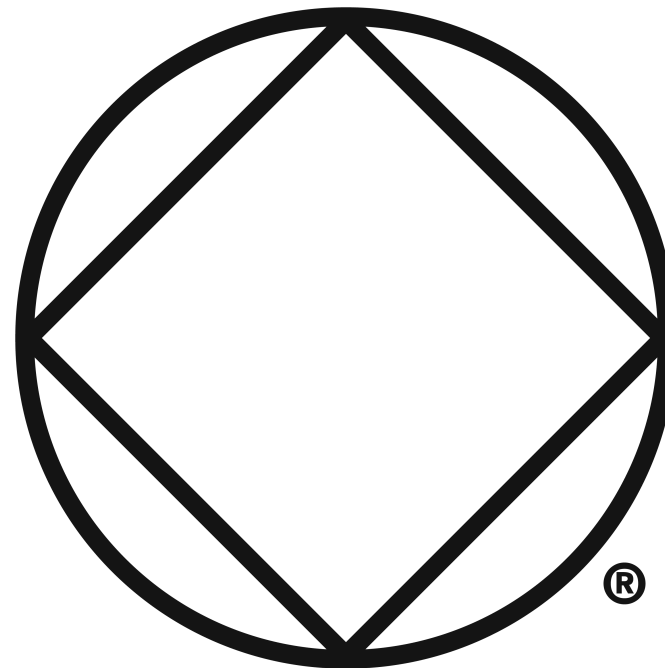
**The Twelve Steps of NA**

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

# Mile High Area Meeting List

APRIL 2025

Talk to a recovering addict  
(303) 832-DRUG (3784)



Mile High Area of NA  
PO Box 140605  
Edgewater, CO 80214-0100  
www.denverna.com



Other Area Help and Information:

- Boulder (303) 412-2884
- Colorado Springs (719) 637-1580
- Ft. Collins, Estes Park, & Loveland (970) 282-8079
- Grand Junction & Western Slope (970) 201-1133